

## **ORIENTATION FOR OB/GYN CLERKSHIP CLINICAL SKILLS EXERCISE**

### **STUDENT TASK:**

You are a 3<sup>rd</sup> year student on the OB-GYN Clerkship rotation. It is your task to interview and examine a female patient in the ambulatory clinic who is here for her annual breast and pelvic exam.

This exercise is composed of 6 parts.

A. **The standardized patient interview and focused physical exam**

You are expected to take a focused history with the aim of screening for breast and pelvic symptoms. Please also perform any physical exam steps consistent with the patient's HPI.

B. **The standardized patient breast exam**

You are expected to perform a bilateral breast examination on an SP with normal breasts. All three parts of the breast exam (visual inspection, axillary nodes, and manual palpation) should be completed.

C. **Positioning of the standardized patient for pelvic exam**

You are expected to position the standardized patient on the exam table, legs in stirrups, for a pelvic exam. **Once properly positioned, the SP will remove themselves from the exam table and place the pelvic model on the table.**

D. **Perform a pelvic exam on a pelvic model**

You are expected to perform a pelvic exam (visual inspection, speculum exam, bimanual exam) on a pelvic model. You should **communicate** with the SP as if you are performing the exam on them. (When doing the pap smear, please do not actually use the liquid solution on the model, as it can damage the model.)

E. **Computer Component**

You will have 10 minutes to:

1. List which serum laboratory tests you would order
2. List which radiology exams you would order
3. Describe your findings from your bimanual examination
4. List your differential diagnosis

F. **Feedback**

The SP will provide feedback to you. This feedback will include, if necessary, remediation on any part of the breast exam or positioning of pelvic exam which was done incorrectly.

The SP encounter (Parts 1-4) is 30 minutes total. An announcement will be made when there are ten minutes remaining in the encounter, and an additional announcement will be made at the end of the encounter. Please close the encounter and exit the room. You will be directed to a laptop computer in the hallway. You will have 10 minutes to complete the computer component. The SP will then invite you back in the room for feedback.